



ProStart Overview: A menu of exciting offerings

ProStart is the two-year career-building program for high school students. Whether students are looking to enter the job market directly after graduating, or if they plan to attend college, a ProStart graduate makes a solid candidate for success.

ProStart students gain experience and recognition in several ways:

Classroom Experience

First, students learn fundamental culinary and management skills in the classroom. [Classroom experience](#) provides students with the important skills they will need for success in the industry. And many university hospitality programs accept ProStart courses for college credit.

Mentored Work Experience

Then ProStart students put that learning to work on the job in qualified foodservice operations with industry professionals. In their [mentored work experience](#), students receive mentor support, character development and real-world skills that give them a head start toward a career in the industry.

National ProStart Invitational

Students put their skills to the ultimate test in the [National ProStart Invitational](#). This demanding culinary and management competition invites top students to represent their state, with winning teams competing for scholarships.

ProStart National Certificate of Achievement

At the end of the program, ProStart graduates possess a solid foundation for their future careers, and they receive the [ProStart National Certificate of Achievement](#). This certificate recognizes students who have successfully completed the program and are eligible to earn special scholarships and college credit from colleges and universities across the country. It also opens the door to our vibrant and growing industry.

Over the last decade, ProStart has fostered countless [success stories](#). With your help, there will be even more positive experiences to share in the future.